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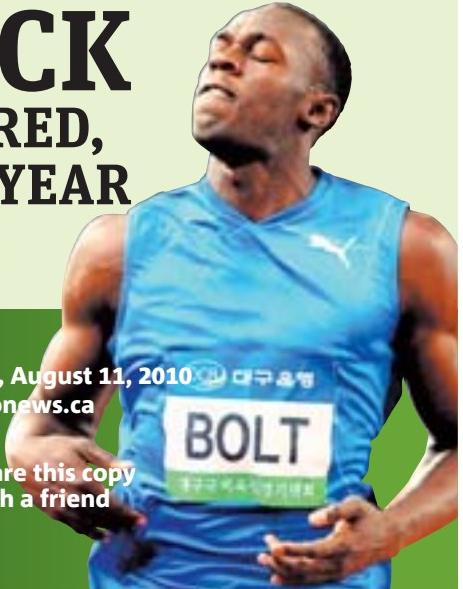
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MAGIC BEHIND
THOSE WALLS
CASTLES OF NORTH
ENGLAND {page 17}



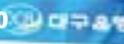
STRUCK BOLT INJURED, DONE FOR YEAR SPORTS {page 27}



CALGARY

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Wednesday, August 11, 2010 
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Search on for hiker's body

► Calgarian James Hoshizaki, 39, fell from Mount Kidd on Saturday ► He had stopped to take a photo when an avalanche toppled him several hundred metres

 KRISTA SYLVESTER
@METRONEWS.CA

"It's a tragic accident. We're really just taking it day by day." KAREN BALL, SISTER-IN-LAW

The family of a Calgarian killed in an avalanche while hiking with a friend say the man was an avid hiker and father of two.

James Hoshizaki, 39, was married for 15 years and had two sons, aged five and

and risks involved," Ball told Metro.

"He was hiking for over 15 years, and was best described as an outdoorsman."

Rescue crews continue to search for his body. Officials do not suspect foul play.

Recovery efforts have been hampered due to poor weather and steep terrain, though officials have found his hiking pack.

Toronto. Tennis



► Roger Federer lunges for a volley against Juan Ignacio Chela during the Rogers Cup in Toronto yesterday.
Federer won in straight sets. Story, page 26

FRANK GUNN/THE CANADIAN PRESS

Federer wins opening match at Rogers Cup

Crime

Meltdown alleged on plane

► Male flight attendant becomes Internet sensation after being accused of cursing out passenger ► Appears in court to face charges {page 5}



Wedding's off for Rachel, Hayden

Actors initially took a break from engagement in June {page 16}

Recruits sought to drive city school buses

Local company on lookout for more drivers as training ramps up this month {page 3}

Asia continues digging out

Death tolls keep climbing after floods, landslides {page 7}

Films go back to the future

It's the '80s all over again for this year's action flicks {page 13}

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C101006	2010	CADILLAC	ESCALADE	4 from	\$95,410	\$6,500.00	\$79,815	\$3,000.00	\$1,500.00
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C100477	2010	CHEVROLET	2500 SILVERADO	11 from	\$44,440	\$8,000.00	\$32,061	\$3,000.00	\$1,500.00
C100517	2010	CHEVROLET	3500 SILVERADO	1 at	\$74,890	\$8,000.00	\$58,636	\$3,000.00	\$1,500.00
C100874	2010	CHEVROLET	AVALANCHE	12 from	\$48,265	\$6,500.00	\$37,009	\$3,000.00	\$1,500.00
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C101091	2010	CHEVROLET	COBALT	177 from	\$17,310	\$4,300.00	\$12,488	\$0.00	\$0.00
C100392	2010	CHEVROLET	COLORADO	9 from	\$25,795	\$7,300.00	\$15,846	\$750.00	\$1,500.00
C100902	2010	CHEVROLET	CORVETTE	1 at	\$90,065	\$7,000.00	\$70,648	\$750.00	\$1,500.00
C100885	2010	CHEVROLET	EQUINOX	6 from	\$32,085	\$0.00	\$29,893	\$750.00	\$1,500.00
C100490	2010	CHEVROLET	HHR	6 from	\$23,820	\$1,500.00	\$19,695	\$750.00	\$1,500.00
C110019	2011	CHEVROLET	IMPALA	5 from	\$29,520	\$0.00	\$27,426	\$0.00	\$0.00
C100372	2010	CHEVROLET	1500	32 from	\$37,320	\$6,000.00	\$27,781	\$3,000.00	\$1,500.00
C110014	2011	CHEVROLET	MALIBU	12 from	\$26,390	\$0.00	\$25,657	\$0.00	\$0.00
C100842	2010	CHEVROLET	SUBURBAN	1 at	\$80,775	\$4,000.00	\$68,228	\$1,500.00	\$1,500.00
C101248	2010	CHEVROLET	TAHOE	1 at	\$75,470	\$6,000.00	\$61,579	\$1,500.00	\$1,500.00
C100819	2010	CHEVROLET	TRAVERSE	22 from	\$37,505	\$2,000.00	\$32,690	\$1,500.00	\$1,500.00
P100725	2010	GMC	1500 SIERRA	54 from	\$27,785	\$6,000.00	\$17,936	\$3,000.00	\$1,500.00
P110005	2011	GMC	2500 SIERRA	10 from	\$42,155	\$2,500.00	\$35,589	\$0.00	\$0.00
P100567	2010	GMC	ACADIA	10 from	\$39,905	\$2,000.00	\$34,860	\$1,500.00	\$1,500.00
P100218	2010	GMC	CANYON	9 from	\$25,385	\$7,300.00	\$15,646	\$750.00	\$1,500.00
P100733	2010	GMC	YUKON	4 from	\$71,855	\$4,000.00	\$60,177	\$1,500.00	\$1,500.00

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AMVIC LICENSED

Think you could drive the bus?

With the school year creeping closer, the need for more bus drivers is growing and at least one local school bus company is on the lookout for recruits.

Although they recruit throughout the year, this time of year is especially busy, said Southland Transportation's general manager Jay Maki.

"We're still recruiting, we really never stop," said Maki. "We still have three weeks, so our target was

125 people and we're hopeful that we will meet that target."

Assistant general manager June Read added about 40 people through the two-week program already this summer, but they still need approximately 25 to 35 more drivers.

"The training sort of ramps up again in August," she said.

Read said one of the benefits of becoming a bus driver is the connection

that many drivers develop with students.

"Over the years, students have actually said that one of the most important people that they had on a daily basis who got to know them and cared about them was their school bus driver," she said.

One requirement for the job: patience in traffic, Read said with a laugh.

In total, Southland Transportation has 550 routes in Calgary. • KATIE TURNER



► Jay Maki of Southland Transportation says the company is looking for more school bus drivers.

U of C working to fix wage disparity

► U of C has second-largest gender-based wage gap among professors: StatsCan ► Average gap of \$20,147



KRISTA SYLVESTER
@METRONEWS.CA

Following a report outlining large gaps between the salary earnings of male professors versus female professors, the University of Calgary said they are making improvements.

Grady Semmens, spokesperson for the U of C, said the school is well aware of the wage issue and said they have already been taking steps to improve equality.

"We're actually going through quite a large, campus-wide equity review right now, looking at all aspects of equity not just gender," he said.

Semmens said there are many reasons that can explain the wage discrepancies.

"It appears that it is due

"The goal is to bring everything in line in terms of equity."

GRADY SEMMENS,
U OF C SPOKESPERSON

mostly to hiring practices and just the way things have happened in the past with the fact that most of our long-serving senior professors here are men."

Lindsay Spence, a University of Alberta student with a double major in history and women studies, said she hopes to one day become a university professor.

"I'm going to get paid less no matter what degree I'm in or what occupation I go into," she said. "You can't deny the fact that women still are getting paid less than men in any field they're in."



► The University of Calgary has the second-largest income gap between male and female professors in the country, a Statistics Canada report says.

High-risk offender here: Cops

Police are warning Calgarians to be aware of the recent release of a high-risk offender into the area.

Police say Kelly Raymond Davey, 50 was recently released from a federal prison. While the CPS High Risk Offender Program is monitoring Davey, police are warning the public of his history of assaulting strangers as well as domestic partners. He has also used weapons

The number of years Kelly Raymond Davey served for sexual assault and failing to comply with a probation order.

in the past and his list of criminal convictions date back to 1978.

He is six-foot-one, and weighs 190 pounds with brown hair and hazel eyes.

• KATIE TURNER



COURTESY OF CALGARY POLICE

News in brief

Debris dings woman's SUV

DAMAGE. Another piece of debris has fallen off a downtown Calgary construction site and onto a woman's SUV. The long, thin piece of metal fell at 9th Avenue SW between 3rd and 4th streets yesterday morning and left a scrape across the hood of

the woman's Acura.
• METRO CALGARY

Cops nab high-risk offender

CRIME. Police have arrested a high-risk offender who's been missing since Saturday.

Matthew Adrian Boyes, 39, was arrested at a northwest Calgary home yesterday afternoon without incident and is now in custody.

• METRO CALGARY



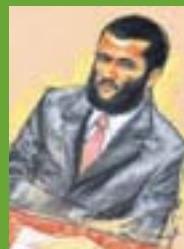
News on the move

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Omar Khadr's lawyer says suiting up for court made his client 'human again'. Video at metronews.ca/canada

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First details of Canada's withdrawal from Afghanistan trickle out. Scan code for story.

Brain chip breakthrough

Dr. Naweed Syed has made the brain come to life on a microchip.

He and a University of Calgary Faculty of Medicine team of eight, in collaboration with the National Research Council, have developed a silicon chip that monitors the subtle signals of

living individual brain cells and keeps them alive for up to at least two days.

Only snail brain cells have been used, but in a couple months, Syed will target cells from epileptic patients. "We want to get the seizure-causing tissue removed in surgery, test the impact of drugs on those cells, and find a better drug for the patient," he explained.

Once the process is fully automated hundreds of cells could be tested simultaneously.

• BRETT EHALT

Sikome Lake to re-open

Pack your beach gear: Sikome Lake re-opens this weekend. After a powerful storm did its worst to the area surrounding the man-made swimming hole over two weeks ago, crews have been working to remove more than 40 downed trees and repair damaged fencing.

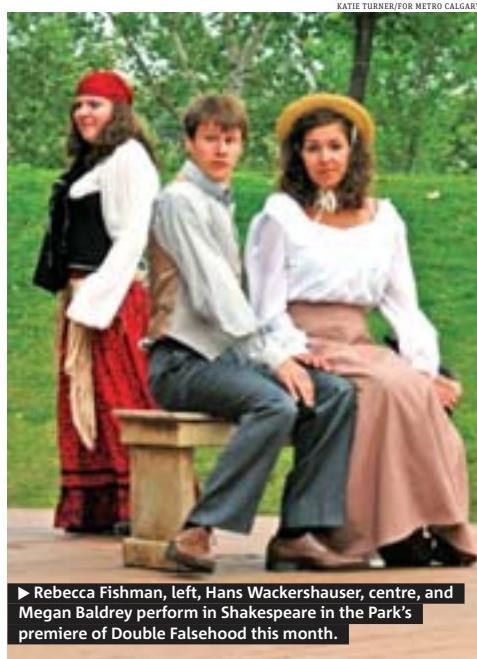
• METRO CALGARY

Housing starts still hot

Calgary's housing construction rose yet again last month, according to the CMHC. For the 13th consecutive month, building has continued to increase in terms of single-family homes. In July, construction began on 1,166 new units — more than 400 from June.

• METRO CALGARY

Double the pleasure for Shakespeare fans



► Rebecca Fishman, left, Hans Wackershauser, centre, and Megan Baldrey perform in Shakespeare in the Park's premiere of Double Falsehood this month.

► Festival goers can choose from 7 upcoming Double Falsehood shows

Calgary Shakespeare fans were treated to something special yesterday: the world premiere of Double Falsehood.

The newly attributed Shakespearean play was performed by Shakespeare in the Park's 10-person cast, and will be performed again tomorrow until Friday and from Aug. 17 until Aug. 20.

"Double Falsehood uses our young company of actors — all students — so it's an opportunity for them to premiere a brand new work, to be the first to perform the play," said spokesperson James Bailey.

The theatre students hail from Mount Royal University, the University of Calgary, and the University of Alberta, he added.

Directed by program

"The value of this play for these students' young careers is huge"

SHAKESPEARE IN THE PARK
SPOKESPERSON JAMES BAILEY

alumnus Haysam Kadri, each abridged, hour-long performance runs at noon at Prince's Island Park and is free for the public to attend.

All in all, "it's a good way to spend your lunch hour," said Bailey.

Meanwhile, alternating 7 p.m. performances of Othello and Much Ado About Nothing continue until Aug. 21 (excluding Sunday). Reserved seats, \$25, can be purchased at tickets.mtroyal.ca or 403-440-7770.

• BRETT EHALT

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News in brief**A mid-summer night's polling**

POLITICS. Stephen Harper's Conservatives have rebounded from a brief mid-summer slump, taking a six-point lead over the Liberals, a new poll suggests.

The Canadian Press Harris-Decima survey puts Tory support at 34 per cent, with the Liberals at 28, the NDP at 15, and the Greens at 12.

Recent polls suggested the Tories had slipped below 30 per cent support and into a statistical tie with the Liberals.

Harris-Decima chairman Allan Gregg said the latest recovery is in keeping with the pattern over the past few years, with the Tories quickly recovering from periodic setbacks.

THE CANADIAN PRESS

Lockout ahead for Greyhound?

TRAVEL. Thousands of

summer travellers could see their plans dashed if a lockout of about 500 Greyhound Canada employees goes ahead later this week.

Company spokeswoman Bonnie Bastian confirmed Greyhound told a union representing drivers and maintenance workers they will be locked out if a resolution to contract negotiations is not reached by tomorrow.

"We've presented a final offer that we feel is fair and equitable," Bastian said. THE CANADIAN PRESS

Ontario OK's online gaming

GAMBLING. Ontario will join B.C. and other jurisdictions by cashing in on Internet gambling.

Finance Minister Dwight Duncan announced yesterday Ontario will look at how to implement the program, which will launch in 2012. Within five years, the province could make about \$100 million annually from online gambling, officials said.

THE CANADIAN PRESS

Flight attendant faces three charges

► Defence lawyer says Slater was under stress due to mother's cancer ► Actions garner some public support

THE ASSOCIATED PRESS

A JetBlue flight attendant was suspended yesterday after accusations that he cursed out a passenger over a plane's loudspeakers, grabbed some beer from the galley and exited on the emergency slide.

The lawyer for the attendant, who has become an Internet sensation, said the rule-breaking passenger provoked him.

Steven Slater wore a slight smile yesterday as he was led into a Queens, N.Y., courtroom to be arraigned on charges of criminal mischief, reckless endangerment and trespassing.

The judge set his bail at \$2,500, but it wasn't immediately clear when Slater might be able to post the money.

JetBlue Airways removed



► Steven Slater, shown on MySpace.

him from duty pending the investigation; the airline declined to comment on the specifics of the flight from Pittsburgh to Kennedy Airport.

Police and prosecutors said Slater, a 38-year-old airline industry veteran, lost

his temper Monday afternoon after a dispute with a passenger, then fled the parked jet by deploying the emergency chute and walking across the tarmac to an unlocked door that led to the street.

THE ASSOCIATED PRESS

Timeline

- Police said Slater became angry when a passenger defied requests to stay seated, then accidentally hit him in the head with her luggage.
- Slater's lawyer, Howard Turman, said the dispute had begun earlier, as the flight was awaiting takeoff from Pittsburgh, when two female passengers got into an argument over space in the overhead bins. That's when Slater was struck in the head, Turman said.
- After the plane landed in New York, one of the women who had been asked to gate-check her bag was enraged that it wasn't immediately available, Turman said.
- "The woman was outraged and cursed him out a great deal," Turman said.

Jury selection begins in Khadr war-crimes trial

The judge in Omar Khadr's war-crimes trial has told the panel of U.S. military officers on the jury panel that the accused is presumed innocent unless proven otherwise.

Col. Patrick Parrish told the potential jurors: "It is vitally important that you keep an open mind about this trial."

Canadian-born Khadr was in court for the jury selection.

Wearing a medium-grey suit and tie, instead of the usual white prison uniform, he watched as the instructions were given yesterday morning.

Parrish told the panel that to convict, jurors must have "no reasonable doubt" as to guilt but needn't have "mathematical certainty."

Parrish also told them they would be able to ask questions of witnesses through him, but that he would decide if the questions were legally appropriate. THE CANADIAN PRESS

Khadr faces five charges, including murder in the death of U.S. special forces Sgt. Chris Speer. The Pentagon alleges Khadr threw a hand grenade that killed Speer in Afghanistan in July 2002.

Khadr was 15 years old at the time. Parrish said jurors could take into account Khadr's age as part of the evidence in deciding on his guilt.

The Toronto-born Canadian is the youngest inmate at Guantanamo Bay and the lone westerner among more than 170 detainees.

His age at the time of the alleged offences has also been a legal and emotional flashpoint for human-rights groups who argue he should have been treated as a child soldier.

Parrish cleared the way for the trial to begin after denying all defence efforts to exclude Khadr's confessions as the product of torture. THE CANADIAN PRESS

Commission

- **Jury selection** Under commission rules, 15 officers drawn in roughly equal numbers from the three major services branches are on the panel, but as few as five of them could be picked as jurors.
- **Jury members** The exact number will not be known until later when any challenges are dealt with.
- **Credibility?** Critics maintain the widely derided military commission process is legally flawed and stacked against Khadr.
- **Identities** The panel members' identities are shielded under court order, leaving them identified by number.
- **Decision** Unlike regular juries, unanimity is not required to convict the accused. The jury will also decide on a sentence, up to and including life behind bars if they convict.

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Hawking's warning

► Renowned physicist urges humans to leave Earth in centuries ahead to save species from self-imposed extinction ► Urges spreading seeds in space

Stephen Hawking is suggesting the survival of the human race will likely depend on changing neighbourhoods and moving to another planet.

The famed physicist says in the centuries ahead, it will be hard for Earthlings to avoid a disaster on their home turf, and he recommends they avoid

putting all their eggs in one basket — or planet.

Hawking writes on the website BigThink.com that he sees great dangers ahead for the human race,

noting such close calls as the 1962 Cuban missile crisis and warns about a ballooning population using up the Earth's finite resources. **THE ASSOCIATED PRESS**

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Taser report has merit, judge rules

"Such weapons can cause serious harm and even death."

ROBERT SEWELL,
B.C. SUPREME COURT JUSTICE

A judge has refused to quash an inquiry report that concluded Tasers are capable of causing death.

The maker of the conducted energy weapon had gone to court asking a judge to void the findings of the inquiry, which looked into the events surrounding the death of Robert Dziekanski.

But in a ruling released yesterday, B.C. Supreme Court Justice Robert Sewell rejected Taser's request, saying the company's arguments hold "no merit."

Sewell said it's clear that the inquiry's commissioner, retired justice

Thomas Braidwood, had carefully looked at the opinions of medical experts and his findings were reasonable.

Sewell also notes there is nothing in the report "which a fair-minded person would construe as an attack or criticism of the petitioner's reputation."

Braidwood concluded Tasers have the capacity to affect the heart and trigger a fatal heart arrhythmia.

He also said B.C. police should continue to have access to the weapon, but called for restrictions on their use.

THE CANADIAN PRESS

Well drilling suspended due to storm

Mecca. Architecture



► The four-faced clock atop the Abraj Al-Bait Towers in Saudi Arabia.

THE ASSOCIATED PRESS

Tick-tock: It's a larger-than-life clock

Saudi Arabia will test what it is being billed as the world's largest clock in Mecca during the Muslim fasting month of Ramadan, the official news agency said yesterday.

Approaching storms forced crews to suspend drilling the final stretch of a relief well aimed at shooting a permanent underground plug into BP's damaged oil well in the Gulf of Mexico, the U.S. government's point man for the disaster announced yesterday.

Retired Coast Guard Adm. Thad Allen said the suspension could mean a delay of two or three days in completing the relief well — one of the last steps toward ending any threat from the well that spewed more than 757 million litres of oil over three months before a temporary cap finally sealed it in mid-July.

Crews will pop in a temporary plug to keep what they've drilled so far safe, but they won't send workers back to land.

They have about 30 feet left to drill. No oil has spilled since the temporary cap was mounted on top of the broken well and closed in mid-July.

THE ASSOCIATED PRESS

News in brief**Swine flu over, says WHO**

HEALTH. The World Health Organization acknowledged yesterday that the swine flu pandemic is finally over, long after many national authorities started cancelling vaccine orders and shutting down telephone hot lines as the disease ebbed from the headlines.

The official death toll — once predicted to be in the millions — reached 18,449 last week and WHO Director-General Margaret Chan said she agreed with experts that swine flu has “largely run its course.”

• THE ASSOCIATED PRESS

Ex-stats boss was to speak: Docs

POLITICS. Newly released documents show that the former head of Statistics Canada was set to speak out about the Harper gov-

ernment's controversial census change just before he abruptly quit his post.

The papers reveal that Munir Sheikh was going to tell staff that a voluntary long-form census survey would not be as effective as the current mandatory one.

• THE CANADIAN PRESS

Video shows drive-thru fight

MCDONALDS. A security video from a McDonald's shows a woman punching two restaurant employees and smashing a drive-thru window because she couldn't get Chicken McNuggets.

The tantrum caught on tape in Toledo, Ohio earlier this year shows the customer reaching through the drive-thru window, slugging one worker and then another. She then grabs a bottle out of her car and tosses it through the glass window before speeding off. The woman now says she was drunk at the time. The video was released Monday.

• THE ASSOCIATED PRESS

Flood misery growing in Asia

- More rain expected in the region in coming days
- Pakistani PM says tragedy is ‘immense’

The death toll from landslides in northwestern China more than doubled to 702 yesterday, as rescue crews in three Asian countries struggled to reach survivors from flooding that has imperiled millions.

Rescuers digging by hand through mud found a 52-year-old man who had been trapped for more than 50 hours inside a levelled apartment building in the remote town of Zhouqu, where more than 1,000 other people were still listed as missing. Rescuers with sniffer dogs discovered the man, Liu Ma Shindan, who was weak but breathing normally.

Pakistan's President Asif Ali Zardari returned home to a storm of criticism af-



► Local residents of Sukkar, Pakistan, carry their stuff while fleeing their houses due to flooding yesterday.

SHAKIL ADIL/THE ASSOCIATED PRESS

ter visiting Europe as his country was gripped by the worst floods in its history. His arrival yesterday came as thousands of people fled a major city in central Pakistan as rivers threatened to submerge the area.

And rescuers in the desert mountainsides in Kashmir recovered more bodies, with the death toll rising to 165 from flash floods. Thousands of army and paramilitary soldiers continued clearing roads.

• THE ASSOCIATED PRESS

Impact

Disaster continues to spread across Asia in the wake of the floods.

- **Missing** About 200 remained missing around Ladakh, India, said Lt. Col. J. S. Brar, an army spokesman. With the road links being restored, nearly 300 people who fled to higher ground have returned to their homes, he said.
- **Burst** The disaster in China's Gansu province was caused when a debris-blocked swollen river burst, swamping entire mountain villages in the county seat of Zhouqu.
- **Coffins** Another survivor, Yang Zhukai, began the sad task of making simple coffins for the 10 to 20 relatives killed by the mudslide.

Gambling on your grades? You bet

A new website is taking wagers from students at U.S. colleges who want to bet on their own grades.

Just as Las Vegas sports books set odds on sporting events, Ultrinsic will pay top dollar for A's, a little less for the more likely outcome of a B average or better, and so on. Students can also wager they will fail a class by buying what Ultrinsic calls “grade insurance.”

The site is taking wagers from students at 36 colleges nationwide starting this month.

CEO Steven Wolf insists this is not online gambling, which is technically illegal in the United States, because wagers with Ultrinsic involve skill.

Here's how Wolf says the website works: A student registers, uploads his or her schedule and gives Ultrinsic access to official school records. The New York-based site then calculates odds based on the student's college history

“The students have 100 per cent control over it, over how they do. Other people's stuff you bet on — your own stuff you invest in.”

CEO STEVEN WOLF

and any information it can dig up on the difficulty of each class, the topic and other factors. The student decides how much to wager up to a cap that starts at \$25 and increases with use.

Alex Winter, a 20-year-old about to start his junior year majoring in economics at the University of Pennsylvania, says he placed wagers through Ultrinsic after getting a flier on campus.

“I said, ‘OK, that sounds like an easy way to make money,’ so I signed up,” says Winter, who bet \$20 to \$50 each on six of the 10 classes he took last year and cleared \$150 overall.

Legal definitions of gambling in the U.S. usually list three elements — chance, some sort of fee or wager and a prize, says I. Nelson Rose, a gambling law expert and professor at Whittier Law School in California.

Carnival games offer prizes for a fee, but skill is ostensibly required to win. Contests advertised on cereal boxes offer prizes and winners are chosen by chance, but the box always says “no purchase necessary.”

With Ultrinsic, things are less clear.

“It's not entirely within the control of the (player),” Rose says, offering the example of a professor of his who gave everyone A's after learning he wouldn't be considered for tenure. Another teacher could be equally capricious in handing out C's.

“But it is mostly within their control.”

A spokesman for Penn declined comment.

• THE ASSOCIATED PRESS

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GL Sport model shown

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Former senator killed, ex-NASA chief hurt in crash

- Cause of plane crash not immediately known
- Treacherous Alaskan weather can imperil flights

A plane carrying former Sen. Ted Stevens and ex-NASA chief Sean O'Keefe crashed into a remote mountainside in Alaska, killing the longtime Republican senator and at least four others, authorities said yesterday.

O'Keefe and his teenage son survived the crash with broken bones and other injuries, former NASA spokesman Glenn Mahone said. The O'Keefes spent Monday night on the mountain with several volunteers who discovered the wreckage and tended to the injured until rescuers arrived yesterday morning.

Stevens and O'Keefe, now CEO of defence con-

Crash

The plane crashed into a mountainside sometime Monday night, authorities said.

► Dispatched Volunteer pilots were dispatched to the area around 7 p.m. local time after the plane was found to be overdue at its destination, and they came upon the wreckage about a half hour later.

tractor EADS North America, are longtime fishing buddies who had been planning a trip near where the float plane crashed.

The crash was a stunning event in a state where Stevens became the most beloved political figure in Alaska history during his 40 years in the Senate, earning a reputation as a tireless advocate for projects that brought billions of federal dollars to the state. He was 86.

"Last night, Alaska lost a hero and I lost a dear friend," Alaska Sen. Lisa Murkowski said in a statement.

"His entire life was dedicated to public service from his days as a pilot in World War II to his four decades of service in the United States Senate."

THE ASSOCIATED PRESS



► Manitoba, Saskatchewan, Quebec and Newfoundland have no helmet laws for cyclists. Ontario and Alberta require helmets for people under 18 years of age, while Nova Scotia, British Columbia, New Brunswick and Prince Edward Island require everyone to don a helmet while on a bicycle.

All provinces should have helmet laws, report author says

Provinces should force anyone riding a bicycle to wear a helmet, says the co-author of a new report that found helmet use varies greatly across Canada.

"I mean, it's atrocious that in 2010, every province does not have some sort of helmet legislation," said Ryan Zarychanski, an assistant professor of medicine at the University of Manitoba. "Clearly, helmet legis-

lation works and clearly it reduces serious head injuries and facial lacerations."

Zarychanski and three other researchers at the University of Manitoba and the University of Ottawa compared 2005 helmet use figures involving more than 4,600 respondents in three provinces with very different rules for cyclists.

Helmets were worn by 73.2 per cent of respon-



► Russian Prime Minister Vladimir Putin, right, speaks yesterday with residents of the village of Kruisha, where 54 houses burned to the ground in a forest fire in the Ryazan region, some 180 km southeast of Moscow.

ALEXEI NIKOLSKY, POOL/THE ASSOCIATED PRESS/RIA NOVOSTI

Fires costing Russia big money

Hundreds of wildfires that have swept western Russia and cloaked Moscow in suffocating smog have caused billions of dollars in damage, a newspaper said. The hottest summer since record-keeping began 130 years ago has cost Russia more than a third of its wheat crop.

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ECONOMY

Fed acts to support recovery

As recently as two months ago, the Federal Reserve sounded optimistic about the economic recovery. Now the central bank is clearly more worried, and economists say there is not much more it can do to help.

The Fed said yesterday that it would spend a relatively small amount of money — about \$10 billion a month — buying government debt. The move is designed to

drive interest rates on mortgages and corporate borrowing at least a little lower and help the economy grow faster.

In a statement after a one-day meeting, the Fed said the pace of the recovery "has slowed in recent months." After its last meeting in late June, the Fed was rosier, saying that the recovery was "proceeding" and the job market actually improving.

The decision to buy government debt was a shift from early this year when the Fed was laying out plans to roll back some of the measures it took during the financial crisis.

THE ASSOCIATED PRESS

Market moment

DOLLAR	Natural gas 1,000 cu ft - 1.2¢ US \$4.297	OIL - \$1.23 US \$80.25	TSX - 25.27 11,838.29
 - 0.53¢ US 96.87¢			

Housing starts down for third month

TORSTAR NEWS SERVICE/FILE



► Canada's recent housing slowdown has been dramatic.

- Shows economy still fragile
- Mortgage rates rising

Canadian housing starts fell in July for the third straight month and home prices rose less than anticipated in June, according to new reports that reinforced signs of a dampening trend in the housing market that is expected to continue into next year.

Housing starts slid last month to the lowest level of home building activity seen since the start of the year, said TD Bank economist Dina Cover.

"Existing home sales have been trending down since the start of this year," she wrote in a report.

The number of new home starts fell to 189,200 last month, with the drop led by a decline in single-unit homes, according to figures released yesterday by Canada Mortgage and

"Lower home prices have dampened the incentive for home building."

DINA COVER,
TD BANK ECONOMIST

Housing Corp.

July's figures came in just above market expectations for 185,000 new homes — but represented a 1.6 per cent decline from the previous month after the agency revised June's starts upward to 192,300 from 189,300.

In a related housing market report released yesterday, Statistics Canada said the New Housing Price Index rose 0.1 per cent in June following a 0.3 per cent increase in May.

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Just sayin'

PAUL SULLIVAN

**Paul Sullivan's
Just Sayin' column
will return Aug. 18**

TALIBAN KILLING AFGHANS: UN

The number of Afghan civilians killed or injured in the war soared 31 per cent in the first six months of the year, with Taliban bombings and assassinations largely responsible for the rise, the United Nations reported yesterday.

Hidden bombs and suicide attacks are killing and maiming so many Afghans that Amnesty International urged the Afghan government to seek prosecution of Taliban leaders for war crimes. Women and children are increasingly bearing the brunt of the conflict — even as NATO restrains the use of force on the battlefield.

The UN report found the number of deaths and injuries caused by NATO and Afghan government forces dropped by 30 per cent

compared with the first six months of last year, largely a result of curbs on the use of air power and heavy weapons.

But the overall sharp rise in deaths and injuries indicate the war is growing ever more violent, undermining the coalition's aim of improving security for ordinary Afghans in the face of a virulent Taliban insurgency.

Violence has paralyzed life in much of the country, especially the south, where many people are afraid to work with the Afghan government, run a business or travel. The last two months have seen record death tolls for U.S. and NATO forces on the battlefield.

"The human cost of this conflict is unfortunately rising,"

"Targeting of civilians is a war crime, plain and simple."

SAM ZARIFI,
AMNESTY INTERNATIONAL

said Staffan De Mistura, the top UN envoy in Afghanistan. "We are very concerned about the future because the human cost is being paid too heavily by civilians."

This report is a wake-up call."

According to the UN report, at least 1,271 Afghans were killed and 1,997 were injured — mostly from bombings — in the first six months of the year. The UN said the figures represented a 31 per cent increase in civilian deaths and injuries over the same period last year.

The UN said the Taliban and their allies were responsible for 76 per cent of all civilian deaths and injuries. The report attributed the rise to greater Taliban use of larger and more sophisticated hidden bombs

throughout the country and a 95 per cent increase in targeted assassinations.

An updated Taliban code of conduct distributed to insurgents in southern Afghanistan this month urged their fighters to avoid killing civilians, suggesting the militant leadership is also sensitive to a possible public backlash among their support base.

However, the Taliban consider anyone who works for or shows support for the Afghan government and its international partners to be traitors and legitimate targets for death. Roadside bombs intended for NATO convoys often strike civilian vehicles instead. Suicide attacks in outdoor markets and other public places routinely end up killing or maiming civilians.

THE ASSOCIATED PRESS

Cartoon

MICHAEL DE ADDER



A provocative reminder

Letters & Tweets

TORONTO. Eminem's Love the Way You Lie does not endorse domestic violence. It is rather a provocative reminder of the phenomenon.

None of the lyrics in the song suggest that Eminem, or Rihanna, endorse domestic violence. Contrary to the complaints of simple-minded and emotionally charged people, Eminem is not saying that domestic violence is an acceptable or glorifiable lifestyle; he is sending a message (to thousands of people at one time) that sheds light on the common cycles of violence that take place in abusive relationships.

Rapping against violence



Eminem's artistic portrayal of this sensitive topic may be misinterpreted, but that is through no fault of his own. He is not responsible for misunderstandings of the lyrics of his song.

Furthermore, the video rendition of the song does not endorse or glorify domestic violence any more than war documentaries

endorse war. Like a documentary, Eminem and Rihanna's collaboration bring to light an issue that is often thrown into the background in the face of other issues. If somebody draws motivation to be abusive, that is not the fault of the artist, but the failure of the individual and the social system.

DENIS CANHASI

What would you do if you were prime minister?

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Metro Minute at the public library

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"Our databases are super cool. Check out Newspapers Direct, your online access to hundreds of newspapers in real-time, or 'Tell Me More,' a language-learning database," said Ganger. ■ BRETTE EHALT



► The public library has "everything you're into."

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The course of action

► Summer blockbusters appeal to fans of '80s thrillers ► Stallone feeds the frenzy with The Expendables

 STEVE GOW
SCENE@METRONEWS.CA

With the release of The Expendables soon upon us, so too will theatres be brimming with giddy fans of 1980s action movies.

After all, with a cast that includes Sly Stallone, Dolph Lundgren and Arnold Schwarzenegger, the thriller is a virtual flashback to the Reagan-era blockbuster.

However The Expendables is only one of several '80s-themed action movies Hollywood has discovered lately. This summer alone has seen the reimagining of such decades-old fare as The A-Team, Predators and Clash of the Titans. With more titles to come, it seems Tinseltown is now playing with the '80s action trend.

"There is an obvious nostalgic appeal for these viewers," explained Brock University film studies professor Barry Grant recently. He outlines that many movie-going adults are nostalgic for the decade in which they themselves were impres-

"Hollywood would do much better to go back to the TV shows of the 1950s for inspiration."

BARRY GRANT, FILM STUDIES PROFESSOR AT BROCK UNIVERSITY

sionable children.

"For those viewers who are even younger, films that adapt '80s shows will be of interest because they'll want to see what all the fuss was for their parents."

From a producer's point of view, retooling a recognized brand is surely favourable in a risky, big-budget industry that relies on familiarity and a strong first-weekend box-office. Tackling such '80s action hits as Red Dawn, Conan and even Romancing the Stone (all of which are in production) will surely create a certain curiosity, but the trend is not without its critics.

"Hollywood's turn to the 1980s for subject matter bespeaks the general lack of vision and originality that is pervasive in American cinema today," said Grant.

Stars team for The Expendables



GETTY IMAGES

Rocky IV, Lundgren also starred in Masters of the Universe and The Punisher (1989).

Bruce Willis — Willis made the jump from TV to movies with 1988's Die Hard — which spun-off three successful sequels.

Eric Roberts — Roberts was introduced to action movies with 1989's Best of the Best — a sort of Rocky with martial arts.

Arnold Schwarzenegger — Stallone's main rival as '80s action hero, Arnie made such hits as Conan the Barbarian, The Terminator and Commando.

Mickey Rourke — Although he began as a dramatic actor, Rourke dipped his toe into the action-genre with thrillers like Double Team with Jean-Claude Van Damme. Over the Top.

Dolph Lundgren — Recognized as Sly's Russian nemesis Ivan Drago in

● STEVE GOW



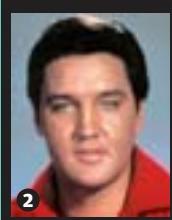
► Sylvester Stallone is back in fighting form with The Expendables, in theatres Friday.



News in brief



1



2

1 The award-winning documentary, Babies, will be screening for free at theatres across Canada this month in an effort to create awareness about child and maternal health issues.

● METRO

2 The Rock and Roll Hall of Fame plans to celebrate its 15th birthday with a look back at the year rock's "King" turned 21. An exhibit of photos taken of Elvis Presley in 1956 opens Sept. 13. THE ASSOCIATED PRESS



Group wants to restore dresses worn by Vivien Leigh in Gone With the Wind



Facebook group not giving up on DeGeneres

A campaign trying to lure Ellen DeGeneres to be parade marshal for this year's Oktoberfest celebrations in Kitchener, Ont., won't take no for an answer.

Organizers of the Facebook campaign say they won't give up, despite hearing from a spokesperson for DeGeneres who said the talk show host

won't be able to fit the parade into her schedule.

The campaign to bring DeGeneres to the region began last year after a photo of the parade made it onto her talk show.

Campaign organizer Linda Zavarella says she's looking at other options, including asking DeGeneres to send a video response. **THE CANADIAN PRESS**

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Centre of attention

- Toronto gets a starring role in *Scott Pilgrim Vs. The World*
- Local tourism officials hope to lure fanboys to the city

PHIL BROWN
SCENE@METRONEWS.CA

Scott Pilgrim Vs. The World opens this weekend with a cast headlined by the likes of Michael Cera and Jason Schwartzman. The film also has another star that might not be apparent until you see it on the big screen: Toronto.

Scott Pilgrim creator Bryan Lee O'Malley grew up in the city and based his graphic novels there.

The film adaptation follows suit and while it's not uncommon for Toronto to double for another city in Hollywood movies, seeing a major film actually take place in Toronto is a novelty.

As a result, tourism officials are hoping the movie causes an influx of fanboy tourism like the Twilight series has done to the poor people in Forks, Wash.

"The initiative came about because we all wanted to promote this new movie that essentially uses Toronto as a character in the film," Joel Peters of Tourism Toronto told Metro. Peters is involved with a campaign designed to encourage fans to geek out about Scott Pilgrim all over the city this summer.

Through the TorontoLovesScottPilgrim.com fans can log on to see interviews with cast members talking about their



► Mary Elizabeth Winstead and Michael Cera star in *Scott Pilgrim Vs. The World*.

favourite Toronto locations and apply for a movie-themed travel package that includes a stay at the Drake Hotel and trips to Scott Pilgrim backdrops like Lee's Palace and Casa Loma.

Toronto welcomed the

production of *Scott Pilgrim Vs. The World* last summer with open arms and everyone involved in the movie now has favourite spots in the city. Although director Edgar Wright did jokingly reveal one major Canadian retail

chain that didn't want to be a part of it.

"Shoppers Drug Mart said 'no.' There you go, let's call them out in Metro. They were the only store who wouldn't let us film there. They got really funny about it," he said.

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Martin Lawrence
Jim Gaffigan (X-Men: First Class)
Tracy Morgan
Chris Rock
Zuri Saldana (Avatar, Star Trek)
Luke Wilson

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Lessons learned for T.I.

► **Final**

sentence with movie, new album
► Says he's more focused on family

Everything seems to be falling back into place for T.I. since the rapper ended a 10-month term inside a U.S. federal prison and a halfway house earlier this year.

He's got a movie, *Takers*, coming out Aug. 27 and a new album, *King Uncaged*, due in late September. But more importantly, the Grammy-winner is putting a stronger focus on his family.

The father of five recently demonstrated that commitment by getting married to his longtime girlfriend, Tameka ("Tiny") Cottle, late last month.

"Right now, it's all about moving forward and just acknowledging the blessing that are here today ... Just moving past the regrets of yesterday — the things that could've been

done better," said T.I. in an interview last month.

The 29-year-old served seven months in an Arkansas federal prison and three months in a Georgia halfway house on federal weapons charges and was released in March. He said he's been able to relieve the lingering guilt of being unable to protect his best friend Philant Johnson, who was killed following his post-performance party in Cincinnati in 2006.

"I got so down on myself about the loss of his life that I did not acknowledge the fact that I still had mine," he said.

Jason Geter, co-CEO of Grand Hustle Records, T.I.'s label, said T.I. has made more of a conscious effort to spend more time with his family.

"He's not taking things



► T.I. served 10 months for federal weapons charges and was released in March this year. Since his release he has gotten married, made a movie and a new album.

for granted as far as wasting time," Geter said. "He realizes things aren't guaranteed."

T.I. says he's also determined to pick up where he

left off after the success of his last album, *Paper Trail*. It was released in October 2008 and sold more than two million copies and charted three No. 1 songs.

He's already released singles, *I'm Back* and *Got Your Back* featuring Keri Hilson.

"I just want to make sure that I came back the

same way I left," he said. "I left relatively strong. I just wanted to make sure I came back in a way that would support my exit."

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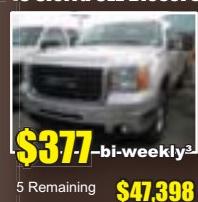
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Talking points**Joe and Ashley a new item?**

A MATCH MADE IN SQUEALY TWEEN HEAVEN. Joe Jonas and Twilight star Ashley Greene are fueling speculation that they're an item, according to PopSugar. Jonas recently stopped off in L.A. on a brief break from his summer tour and apparently spent much of his limited



Joe Jonas in action

time with Greene, with whom he reportedly shared an intimate lunch date last month.

After their most recent afternoon together, Jonas was back on a plane to Ohio to rejoin his brothers. Joe Jonas recently broke up with Disney star Demi Lovato, and famously dumped Taylor Swift by text message.

• METRO WORLD NEWS

Pals worry Jessie's man a 'freeloader'

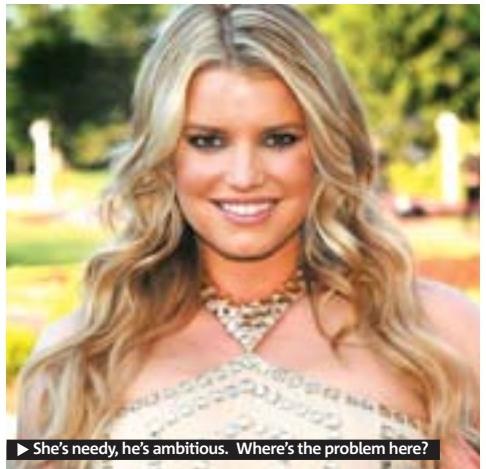
While Jessica Simpson appears to be having a great time with new boyfriend Eric Johnson, friends are worried he's just a freeloader, according to In Touch. And the recently divorced Johnson's ex-wife, Keri Johnson, isn't helping matters, telling the magazine, "Eric is plain out of money. He was going to grad school because he didn't know what else to do, and then he just dropped

out."

Simpson has had a string of failed romances, most famously with her ex-husband Nick Lachey, musician John Mayer and Dallas Cowboys player Tony Romo.

The pop star, whose music career has all but stalled, often comes across as needy and cloying in the media, and controlled by her father, Joe.

• METRO WORLD NEWS



► She's needy, he's ambitious. Where's the problem here?

We paid for our Caribbean cruise with our TD Points (even the excursions).**Kelsey debuts brand new blonde**

With his divorce battle raging, Kelsey Grammer is reportedly "deeply in love" with a mystery blonde, according to Page Six. "He's pushing for a quickie divorce because things are moving quickly with his new girlfriend," a source says. "There is speculation that she is pregnant, but he wants to finalize the divorce before making any announcement." Grammer and the younger woman, who sources say is British and named Kate, were spotted holding hands in

New York recently.

Grammer is best known for his roles on the long-running sitcom Cheers, where he played psychiatrist Frasier Crane, followed by a character-driven spinoff, Frasier, that ran for 11 consecutive seasons.

His soon-to-be ex wife, Camille Donatucci, is a former MTV dancer and current spokesperson for Irritable Bowel Syndrome. The pair has two children, currently living in L.A.

• METRO WORLD NEWS



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Talking points**AI winner defends herself**

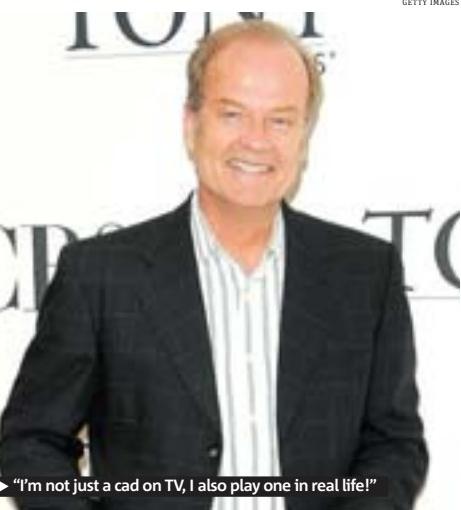
ACCOUNTABILITY WASN'T ONE THE SONG GENRES SHE ACED. Former American Idol star Fantasia Barrino is disputing claims that she participated in a sex tape with a married man, Antwuan Cook, causing the breakup of his marriage. Barrino's manager says his client is "certain that she is not responsible for the deterioration of

Cook's marriage," according to Us Weekly. "Fantasia will weather this storm with the dignity and grace that she has exemplified throughout a life in which she has repeatedly overcome obstacles and challenges."

• METRO WORLD NEWS



Let's have a song about entitlement, Fantasia.



► I'm not just a cad on TV, I also play one in real life!

My TD Points covered my stay at a ski resort (even my ski lessons).

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Wedding's off for Hayden and Rachel

► The pretty pair calls it quits for good after 'taking a break' from their 18-month engagement in June

After announcing they were taking a break from each other two months ago, Rachel Bilson and Hayden Christensen are no longer planning on getting married, Bilson's rep confirms to People magazine. "Yes, the engagement is off," the rep says without giving further details of the breakup. Friends of the actress say, "It just wasn't working out," citing distance as one of the main factors.

Bilson was previously involved with former O.C. co-star Adam Brody.

• METRO WORLD NEWS



► They both independently realized neither was a good enough actor to continue faking their relationship

Celebrity tweets

Joel McHale
[@joelmcchale] I still

haven't seen Inception but Body of Lies came on HBO so I started rotating my tv every 2 minutes to if I could save 15 bucks. Nope



Jeremy Piven
[@jeremy-piven]

Pulled over for driving 82 in a 70, that's like being punished for spanking in an orgy.

Talking points**First comes baby, then comes marriage**

YAWN. Now that she's expecting a child with Sam Cooper, Lily Allen is also planning a wedding, according to Look magazine. "Marriage has never been a big deal to them, but now their friends are saying they may well marry just before the baby is born, or very shortly afterward," a source says. "Lily says she won't have a nanny — she wants to do everything herself."

• METRO WORLD NEWS



3 life

Top pick

Travel find this week:

- 1 New Hampshire:** There are many ways to explore New Hampshire — by car, motorcoach, motorcycle, mountain bike, on foot, kayak and airplane. Why not add horseback riding to the mix. Check out [visitnh.gov](#) for further information on suggested places to enjoy a day of horseback riding and test your equestrian skills.

The Real Hogwarts

► Tracking down Harry Potter's school and the other historic castles of northern England

 DAVID PAUL
TRAVEL@METRO.LU
METRO WORLD NEWS

The boy wizard Harry Potter learned the basics of magic at one, the ghost of a headless nobleman haunts another and you can get married in a third.

We're talking castles here, the splendid and richly varied castles of Northumberland, England's northernmost county.

Rebellion, battles and bloodshed have been played out on Northumberland's soil for hundreds of years.

The days of warfare against the invading hordes of Scots, Vikings and endless others are thankfully long gone, but the legacy is a glorious network of castles, with secrets and tales for tourists to discover behind almost every stone.

In the market town of Alnwick you'll find a castle that may seem strangely familiar. It had a starring

role in two of the Harry Potter movies as Hogwarts School and has also featured in TV comedy shows including Blackadder and the historical movie Elizabeth.

Alnwick Castle has been home to the Percys, the Earls and Dukes of Northumberland, since 1309 and the current Duke and Duchess still live there. Younger visitors get the chance to dress up as medieval knights, while older guests may prefer

one of the regular Shakespeare performances staged in the castle grounds on summer evenings.

Nine miles east of Alnwick, beside the North Sea, lie the eerie ruins of Dunstanburgh Castle. It's a 600-year-old fortress built by Earl Thomas of Lancaster, a cousin of King Edward II. Thomas was executed in 1322 for leading a rebellion against the King and it took his executioner 11 blows to chop off his head with an axe. Thomas' tortured ghost is said to

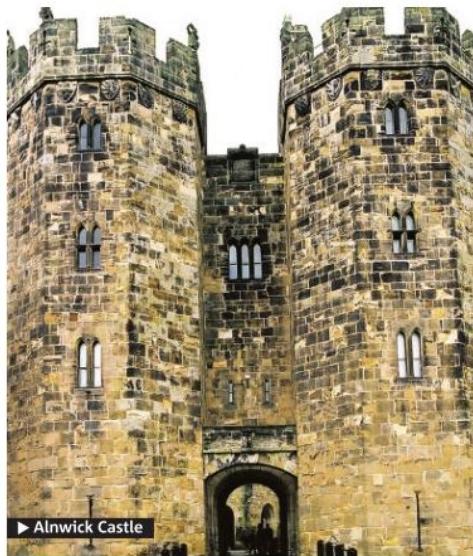
"There are secrets and tales for tourists to discover behind almost every stone."

haunt the ruins carrying his mutilated head in his arms.

If you miss seeing headless Thomas as you hike through the ruins, make sure you don't miss out on the fabulous crab soup and sandwiches served up at the Jolly Fisherman pub in the nearby village of Craster.

Those who like their castles with a touch of romance won't want to miss a visit to the hugely atmospheric Lindisfarne Castle.

It's an Elizabethan fort built in 1550. It is set on Holy Island, a rocky crag three miles off the coast of Northumberland that is only accessible twice a day when the North Sea is at low tide. Ignore the tide times at your peril as you'll have to face the embarrassment of being rescued by the lifeboat crew



from the nearby village of Seahouses.

the "Ship Room."

Metro lists the top four

castles to visit on page 22.

For more information check out [visitnorthumberland.com](#)



New routes added to Ontario Bike Train include the Muskoka region

Head to Valencia: Costa del fun!



► Future vision: City of Arts & Sciences.

We paid for a weekend getaway in Vegas with our TD Points (even the Grand Canyon helicopter tour).



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► Costa living: Valencia's beach is busy by day and buzzing by night.

We paid for a weekend getaway to New York with our TD Points (even the sightseeing tour).

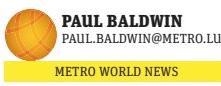


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► Valencia is one of Spain's hidden gems ► As funky and metropolitan as Barcelona but with a beach vibe like Ibiza. ► What's there not to like?



Why go now?

Because summer on Playa de Malvarrosa rocks. Valencia's most famous beach is a mix of the beautiful and the wasted, hedonism and carpe diem. And the city ain't bad either. It's stylish and chic, sort of like Barcelona only more intimate and laid back. Just keep away from Benidorm.

It's my first time – what should I do?

Well, the beach obviously. But after that go to The City of Arts and Sciences, a massive development of five areas in the dry river bed of the now diverted River Turia. The "city" is made up El Palau de les Arts Reina Sofia — Opera house and performing arts centre; L'Hemisfèric — Imax Cinema, Planetarium and Laserium; L'Umbracle — Walkway/Garden; El Museu de les Ciències Príncep Fe

L'Oceanogràfic — Open-air oceanographic park. And it's all beautiful. Great at night, too.

I've been there before – what should I see this time?

Las Fallas. From March 15 to March 19, Valencia celebrates the feast of St Joseph in spectacular style. More advanced pyrotechnics than you can shake a stick at (every day at 2 p.m.), bonfires every where you look, giant paper mache figures paraded through the streets. Oh, and drink is taken. Not for the faint-hearted but this

is the mother of all fiestas.

Where's the best shopping?

No contest — Mercado Central on the Plaza del Mercado in the heart of the city. This 1920s beauty stands across the street from La Lonja, the silk exchange that dates from 1482 and is one of the most splendid examples of secular Gothic architecture in Spain. A huge, airy building, with light streaming through the stained glass and with huge blowsy Valencian women fighting over the bargain sausages.



► Moonlight drive: The beach at night is a must.

FLICKRCC KURTDXIO

A Belgian sparkler

► Antwerp is the diamond centre of the world with 80 per cent of the globe's gems passing through the city ► But the stones aren't the only beautiful things....

● PAUL BALDWIN/METRO WORLD NEWS

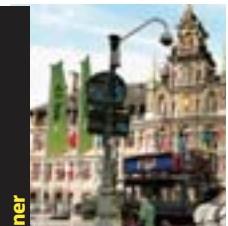
**I paid for my hotel with TD Points
(even the room service).**



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Where I'd have dinner

Grote Markt

Antwerpen 2000
The restaurants in and around Grote Markt excel in typical Flemish dishes such as mussels, Brussels endives, and beef stew with De Koninck beer. But for a real taste of Antwerp authenticity a portion of French Fries at the famous Number One chip shop is the pony to bet on.



How I'd spend the night

On an evening stroll

Start at Conscienceplein to check out the bars and restaurants around the Church of St. Charles Borromeo then stroll through the historic city centre in the vague direction of the De Muze pub for a spot of jazz and an 'at Nine' cocktail. The final destination would be Café d'Anvers, Antwerp's dance temple.

Where I'd lunch

**I paid for a last-minute flight to Paris with my TD Points
(even the airport taxes).**



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Schuttershofstraat

There are a number of equally delicious restaurants in the Schuttershofstraat / Hopland areas offering the classic Antwerp dish of shrimp croquettes. Happily this is also close to the recently restored Stadsfeestzaal dance hall where you can enjoy a glass of champagne.

Where I'd wake up



Radisson Blu Astrid Hotel

www.radissonblu.com
Lovely-looking hotel right in the heart of the diamond city, near Central Station and the Antwerp Zoo, and close to great shopping. The interior is not as cool as the outside but it's a great modern hotel with one of the city's trendiest restaurants.



Czech out Prague

► Prague's attractions are endless: Delicious local cuisine, designer shops and quaint, cobblestone lanes

I paid for my all-inclusive vacation with TD Points
(even the jet-ski rentals).

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EAT	STAY	GO	
\$	CAFÉ SAVOY This gorgeous fin de siècle hangout is the place to come for a lazy brunch. Try poached eggs with truffles or split pea soup and croutons, or marzipan-wrapped house cake. amb.cz	PENSION BREZINA PRAGUE A great budget option with a cute internal courtyard. The restaurant serves good and hearty Czech dishes that are great value for money. brezina.cz	VIEWS FROM THE CASTLE The hill leading up to the castle is known as Petpin. Take a hike up here for a glimpse of the old town's tiled rooftops. Definitely one of the most romantic spots in town.
\$	CANTINA The chilli con carne with shots of tequila will set your mouth on fire, but hell, who cares? One of the best and most authentic Mexican restaurants in town. restauracecantina.cz	HOTEL HOFFMEISTER & SPA This hotel manages to maintain a quaint and cosy feel despite its grandness. The steam baths are heated by hot lava stones in a 15th-century cave. hoffmeister.cz	TRAM TOUR OF TOWN Jump inside one of the clunky streetcars for the best tour of town. No. 22 covers some of the best sights, including the old town square, National theatre and the Legionnaire's Bridge.
\$	CODA Love their split menu—part local part global. Try potato soup followed by bohemian beef shank goulash and dumplings. After, try the roasted organic apple soaked in vanilla cream. codarestaurant.cz	ARIA HOTEL Each floor reflects a musical genre, so you'll either be jazz, opera, classical or contemporary. Rooms are dedicated artists from Mozart to Billie Holiday. ariahotel.net	SHOPPING There are more than four blocks dedicated to stylish designer boutiques. The Synagogue is close by, so make sure you visit that as well. czechfashion.cz



I paid for a resort in paradise with TD Points
(even the scuba lessons).

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TxDOT seeks drawls: system updates travel line

That drawl from y'all could help the Texas Department of Transportation update its phone line for travel information.

The agency on Tuesday launched its interactive voice response interface for the Texas Travel Infor-

mation Line, at 1-800-452-9292.

The new system, for several weeks, will be "learning" to understand voices. The first 10,000 calls will add to months of testing by TxDOT to help the automated system un-

derstand different tones and accents.

Deputy executive director Steve Simmons says the agency needs callers, and their different accents, to help the system with certain words and phrases.

The system is programmed to recognize names of more than 1,200 cities and towns, plus multiple names for the same highway, such as "MoPac" and "Loop 1" in Austin.

THE ASSOCIATED PRESS

Sardine exhibit

Maine State Museum in Augusta.
The museum's exhibit, End of the Line...America's Last Sardine Cannery, is on view until Sept. 4.

More information is available at mainestate-museum.org.

THE ASSOCIATED PRESS

Waterfront view

► Venice is one of those rare destinations that really lives up to its billing ► Yes it's expensive and a bit touristy, but bite the bullet and enjoy all it has to offer



METRO WORLD NEWS IN LONDON

SEE**The canals**

Let's be honest, it's what you're here for. And while they can honk a bit in high summer, they don't let you down. You wonder how the Venetians ever pulled it off, but you'll go away genuinely marvelling.

HEAR**The gondoliers**

A little bit cheesy these days, but what the heck, you haven't come to Venice to be cool. Also be prepared to get fleeced – it will cost you upwards of €80 (\$108) so get over yourself and enjoy the experience.

EAT**Ice-cream**

The Italians take their ice-cream a bit seriously, but that doesn't mean it is universally good. So shop around. Our tip would be Gelateria Nico on the Waterfront. Oh, and try ice-cream for breakfast, you'll never look back!

DRINK**Bellinis**

At Harry's Bar, where else? It's expensive, it can sometimes be a bit soul-less too, but it's has the Hemingway seal of approval and that's good enough for us. Luckily just around the corner there are many other local bars where you can drown your sorrows after getting the bill.

WEAR**Dolce & Gabbana**

Or Armani at a pinch. The Venetians are a fiercely fashionable bunch so make

sure you know what you're doing. Failing that the standard-issue tourist kit of jeans, band T-shirt and some kind of headwear – it can get fiercely hot.

DO**A canal tour**

There are many walking/canal tours and though they feel touristy they are a great way of packing the city into one day and combining Rialto Bridge with the Doges Palace and St Marks Square. viator.com

DON'T**Think you'll do it on the cheap**

Venice is expensive – period. Coffee is €5 and up, gondolas can leave you €150 (\$203) out of pocket, and a decent meal will cost €80 (\$108). If you want cheap, look elsewhere.



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Four castles to visit

England's Northumberland is home to some of the world's best palaces**MOST HAUNTED**
Chillingham Castle

Reputed to be the most haunted castle in England, the spooks include the "Blue Boy," whose screams once terrified guests. The body of a boy was eventually found hidden inside one of the castle walls, his fingers worn down from trying to scratch his way through the stone. The castle dungeon held men whose arms and legs were broken before they were thrown 20 feet into a cell.

**MOST FUN FOR A FAMILY**
Alnwick Castle

No child is going to want to miss a visit to Hogwarts. But Harry Potter aside, youngsters who go to Alnwick also get to dress up as medieval knights or princesses and take on the Dragon's Quest — a scary but fun learning experience and tour of the castle's treasures. Nearby is the Alnwick Gardens, acres of fascinating plants, water sculptures and one of the world's largest tree houses.

**MOST REMOTE**
Lindisfarne Castle

Built on Holy Island, off the Northumberland mainland, you have to drive along a three-mile causeway when the North Sea is at low tide to reach it or get home again. Three hundred years ago, English ships used to dock here to be safe from attacks by the Scots. These days the island provides a refuge for seals. Fabulous fresh mussels are harvested from the shore.

**MOST IMPRESSIVE**
Bamburgh Castle

An iconic structure dominating Northumberland's shoreline from a 45-metre rock plateau. Battles have been won and lost on this site since the first century BC. The Vikings destroyed one version of the castle, the Normans built another, and the current version is largely the work of the Victorians. Dramatic sea views out to the Farne Islands, it overlooks a lovely beach — perfect for picnicking.

• DAVID PAUL

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4 portions
Prep time:
10 min.
Cooking:
8 min.



► Grilled Two-cheese Sandwich with Tomatoes.

Good stuffed grilled cheese

- ▶ A quick nutritious option for breakfast or lunch
 - ▶ Using unprocessed cheeses adds more flavour

Ingredients :

- 2 oz. aged light cheddar cheese, thinly sliced
 - 1 oz. light mozzarella cheese, thinly sliced
 - 4 slices plum tomato
 - 4 slices whole wheat bread

national spokesperson for Breakfast for Learning, shares this grilled cheese recipe that is quick, easy and nutritious.

"Opting for flavourful unprocessed cheeses and cooking spray instead of butter or oil, gives the classic kid's recipe a healthy boost," says Rose. "Add carrot sticks and a glass of milk for a complete and nutritious meal."

Tip: Prepare sandwiches early in the day but grill just before serving.

them.

Superfood: Olive oil



A staple of the Mediterranean diet, the benefits of olive oil far outweigh the negative associations normally linked to fatty foods. Composed mainly of healthy 'monosaturated fats', diets where olive oil is used as the main source of fat tend to be linked to lower rates of heart disease, diabetes, asthma and colon cancer.

Extra virgin olive oil is derived from the first pressing of the olive and

the end result is an oil with high levels of anti oxidants, including vitamin E for glowing skin and DHPEA EDO, an anti oxidant believed to protect red blood cells from damage.

As olive oil is made without using heat or chemical treatments it retains phyto-chemicals that would otherwise be lost in the refining process, such as hydroxytyrosol and oleuropein.

● ROMINA MCGUINNESS

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An advertisement featuring a woman in a blue tank top and jeans laughing while talking on a black corded telephone. In the upper left corner is a graphic of the Indian national flag. To the right, large green text reads "ADD UNLIMITED INDIA". Below that, smaller text says "To Any Country Now Only \$19.95". A yellow starburst graphic contains the price "\$19.95" with the word "only" above it.

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Have an office peacock?

► So you say you want some recognition? ► Fine, but preen your neck for a burst of applause and you might devolve into the office brag

 DREW HINSHAW
METRO WORLD NEWS

Does the suspender-snapping, swell-headed creature flaunting his or her petty

Before you boast

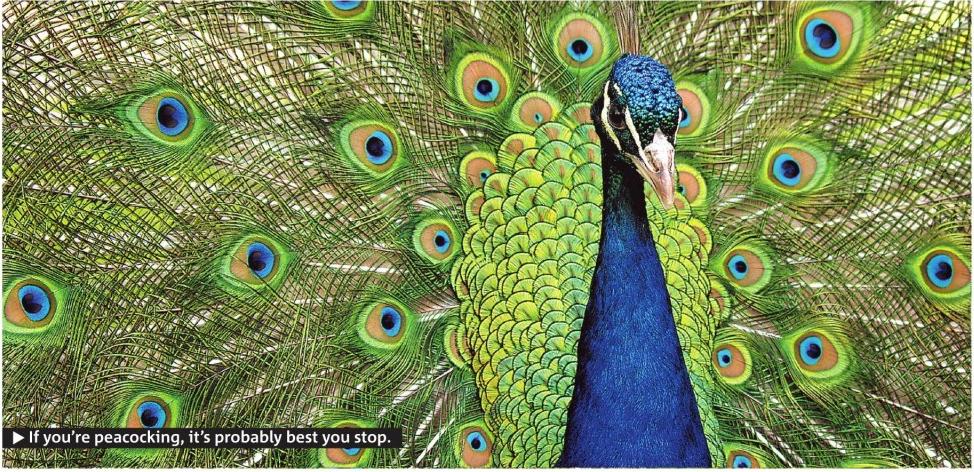
- Cranston offers two questions to ask yourself before you get on your high horse.
- "Am I talking about myself, or am I talking about business? Because this is about business."
- "Am I using facts to back this up, or am I using emotion?" she continues. "People need to keep a factual track of their successes."

triumphs like peacock feathers at every staff meeting bother you? Bragging is not always a good thing, but it can be done well.

"People need to be able to talk about themselves and their work," says Peggy Klaus, author of *Brag! How to Toot Your Own Horn Without Blowing It*. "Think of it as taking pride in what you're doing. But it's a fine line," she warns.

The flashiest in the office pool, Klaus says, tend to launch each grandiose sentence with an emphatic "I," she says. "Like 'I did this, I've done that.'

If that includes you, then consider adopting the first person plural.



► If you're peacocking, it's probably best you stop.

"Spread the credit around," advises career coach Jane Cranston. "Use 'we,' like 'we're the best,' and not 'we're the best because I'm the No. 1 manager in the nation."

A subtle self-trumpeter, Klaus says, can play an Ode to Moi without anyone at the roundtable even realizing what just happened.

"Weave your successes into a very short, pithy con-

versation 'brag-o-logue,'" she hints. "It can be 5, 15 or 20 seconds, and it is said with a lot of enthusiasm and delight."

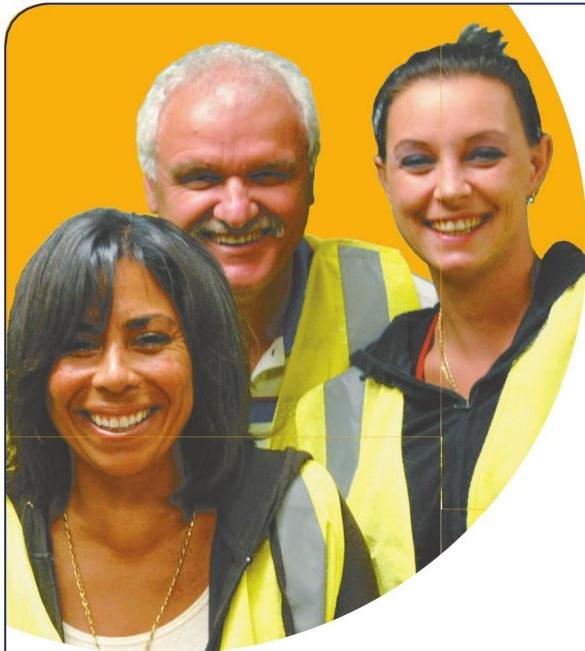
Better yet: Let your handiwork do the gloating.

"Make sure everything you do has a certain look, a consistency, a standard," Cranston suggests.

"They'll know it's yours because it has your signature on it."

Career Finder

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From home to school

► It's almost time for soon-to-be college and university freshman to make their first move

When your child moves away from home for college or university, there are important changes and responsibilities to consider. Along with the emotional stress of having your young graduate leave home, you also need to consider what the move means for your finances and insurance policies.

Being informed about your insurance coverage is crucial for your child's protection and wellbeing. While many policies ex-

tend parents' coverage to kids in university, other policies encourage college students to purchase their own insurance.

"Parents need to know whether their insurance extends to their children when they are buying a car or moving into an apartment or residence," says Wayne Ross, insurance expert at Aviva Canada. "You could find yourself facing a financially-stressful situation that could easily have been avoided."

For a stress-free transition, Ross offers the following helpful tips:

Scope out apartments:

Living off-campus can help students develop a sense of independence and save some money. However, consider buying a tenant policy in your child's



► Moving off to college can be an exciting time, but there are things that must be taken care of beforehand.

name so their personal property is protected.

Keep track of their finances:

University life goes

hand-in-hand with expensive purchases like computers and other electronics. Stick to a budget, keep track of your purchases and verify what

your insurance covers.

Check your car insurance:

Whether your child takes his or her car to uni-

versity or intends to drive on visits home, call your insurance company to check what your policy includes.

NEWS CANADA

Keeping your kids active can help them learn

Does your child love to rock out to music or enjoy a competitive game of kickball with the neighbourhood children? Getting and keeping children moving has more than just physical benefits, it also stimulates children's most vital organs ... their brains.

Like adults, children need regular exercise. Experts recommend children get at least one hour of physical activity every day. Regular exercise not only strengthens the body, but it lowers stress levels, which can help children stay focused in school.

According to a recent study funded by the National Institutes of Health, children who play vigorously for 20 to 40 minutes a day are also better able to organize schoolwork, complete class projects and learn mathematics. The link between learning and movement demonstrates how important it is for children to exercise daily.

So how do you get your children's blood pumping to the brain in the age of video games, computers and cellphones? Here are a few tips from Kumon:

Encourage your children to play games that include critical thinking as well as physical activity. Games like hide-and-seek require strategic thought, observation and lots of running. Try playing hopscotch, kickball, jump rope or freeze tag with your children. While simple in nature, each of these games requires reasoning and strategy as well as physical prowess.

Children love adventure and role-playing. If your children's favourite bedtime story is set in the jungle, encourage them to act out the identities of the animals. Ask them what a lion or a monkey sounds and behaves like, and let them put on a little show for you. Later, reread the story together so they can read more about the ani-

Examples

► Set an example by being active with your children. Ask them questions about their games, and encourage them to use their imaginations while having fun. When the weather is nice, go on nature hikes in a nearby park or forest preserve. If you live in the city, create a list of items that can be collected and go on a scavenger hunt to find items on your list within a certain period. To keep kids active and learn new skills, consider signing up for a class together through a community centre or local program. Most children love it when their parents get in on the action.

mals and perfect their performances for the next time around.

More information is available online at kumon.ca.

NEWS CANADA

STEP 1: *Remove card from wallet*



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Quoted



"Everybody, they respect me for what I said. Those are my comments. A lot of people feel that way all throughout the league."

CINCINNATI REDS PLAYER BRANDON PHILLIPS, WHO SAID ON MONDAY HE HATED THE ST. LOUIS CARDINALS, WHOM HE CALLED COMPLAINERS. PHILLIPS WAS IN THE MIDDLE OF A FIRST-INNING ALTERCATION BETWEEN THE REDS AND CARDINALS LAST NIGHT THAT SAW BOTH BENCHES EMPTY.

Federer ends layoff with victory

Roger Federer was not as dominant as Canadians fans might remember, but his performance last night was still good enough to earn him a victory and maintain hope for a third Rogers Cup championship.

The 29-year-old Swiss master shook pesky Argentine challenger Juan Ignacio Chela with a 7-6, 6-3 win on centre court. It was Federer's first competitive match since his quarter-final loss at Wimbledon ear-

lier this summer.

Federer, ranked No. 3 on the ATP World Tour, allowed Chela back into the first set, before prevailing in the tiebreaker. He was not as generous in the second set, which lasted 34 minutes.

Federer won the Canadian tournament in 2004, and won it again two years later. He had a 22-6 career record in Canada heading into play yesterday.

His victory is also a boon

for the event promoters, who can still dream of seeing Federer face world No. 1 Rafael Nadal in the final.

Nadal will play his first match in the singles draw today.

The tournament lost one big name yesterday when it was announced American Andy Roddick had withdrawn with an undisclosed illness. The eighth seed will be replaced by France's Paul-Henri Mathieu.

THE CANADIAN PRESS



► Roger Federer returns a shot to Juan Ignacio Chela during the Rogers Cup at the Rexall Centre yesterday in Toronto.

MATTHEW STOCKMAN/GETTY IMAGES

Lengthy contracts under investigation

► Bruins say Savard deal has been under scrutiny since it was signed

► Three others could be rejected

The National Hockey League's investigation of four registered contracts was in full force before arbitrator Richard Bloch ruled in favour of the league's decision to reject Ilya Kovalchuk's 17-year deal with New Jersey.

The Boston Bruins released a statement yesterday saying the league has been examining Marc Savard's \$28-million US, seven-year extension since it was signed on Dec. 1.

"The league informed us upon their registration of the contract ... that they would be investigating the circumstances surrounding this contract," Bruins GM Peter Chiarelli said in a release.

"From that point on, they commenced their investigation and it has been ongoing since then.

On August 4, I met with two league appointed lawyers as part of the investigation.

"We will continue to co-operate with the league in any future investigative proceedings if necessary."

Savard's deal was one of four mentioned in Bloch's ruling Monday that could be struck down by the NHL.

The others belong to Vancouver Canucks goalie Roberto Luongo, Philadelphia Flyers defenceman Chris Pronger and Chicago Blackhawks winger Marian Hossa.

All four long-term deals will take the players into their 40s and feature salaries which drop sharply in the later years of the agreement, reducing the overall salary cap hit.

THE CANADIAN PRESS



► The NHL is probing Marc Savard's contract.

Bosh, Raps have Feb. reunion

Chris Bosh will return to Air Canada Centre on Feb. 16 when the Toronto Raptors host his Miami Heat.

The former Raptors star signed with the Heat earlier this summer, leaving Toronto after seven seasons.

According to the 2010-11 NBA schedule released yesterday, the Raptors will also host the Heat in the regular-season finale on April 13 and visit Miami on Nov. 13 and Jan. 22.

4 All four of Miami's games with Boston and Orlando are planned for national TV broadcasts.

Meanwhile, LeBron James' homecoming is set for Dec. 2 when the Heat visit Cleveland.

James left the Cavaliers last month to join Bosh and Heat star Dwyane Wade in Miami.

THE CANADIAN PRESS



Sports in brief

Pistons ink T-Mac: Source

NBA. A person familiar with the negotiations tells The Associated Press that Tracy McGrady has agreed to terms of a one-year contract with the Detroit Pistons.

The person, who spoke yesterday on the condition of anonymity

because the deal hasn't been announced, says McGrady will play for \$1.3 million US this season.

Sharapova wins in Cincy

TENNIS. Tenth-seeded Maria Sharapova shook off a lacklustre second set to dominate the third and pull out a 6-4, 1-6, 6-2 win over Svetlana Kuznetsova at the Cincinnati Women's Open yesterday.

THE ASSOCIATED PRESS



Scan code for more sports

Canada's under-18s earn a spot in semis



Canada has secured a berth in the semifinals after posting its second straight lopsided win at the Memorial of Ivan Hlinka under-18 hockey tournament.

Ryan Nugent-Hopkins scored a hat trick and Brett Ritchie added a pair of goals in a 7-3 victory over Switzerland yesterday.

Dougie Hamilton and Xavier Ouellet also scored for the Canadians. Daniel Catenacci and Jonathan Huberdeau added two assists apiece as Canada improved to 2-0 following a tournament-opening 6-3

win over Sweden.

The victory ensures that Canada will finish in the top two in Group B to advance to Friday's semifinals. The gold medal game is set for Saturday. Canada has won the event five of the past six years.

Canadian coach George Burnett has liked what he's seen of his team so far, especially since the squad had a short, four-day training camp and just one exhibition game to prepare for the tournament.

"Our game was better today so I think I can comfortably say that we've gotten better every day since camp," Burnett said.

"That's the big challenge — that you try to be better every day."

Burnett acknowledged that Canada did get a little sloppy late in the third.

"But we did some good things," he added. "We're putting the puck in the right places and we're not turning it over a lot."

THE CANADIAN PRESS

Injury forces Bolt out of upcoming meets



► Usain Bolt is taking the rest of the year off.

MICHAEL STEELE/GETTY IMAGES

Examination by Munich doctor on Monday revealed back problems

Coming off a rare loss at 100 metres, Olympic and world champion Usain Bolt is cutting his season short, saying he won't race again in 2010 because of tightness in his lower back.

The Jamaican's manager, Ricky Simms, wrote in an e-mail yesterday that the world record-holder at 100 and 200 metres will have treatment to loosen his back and then rest, skipping IAAF Diamond League track and field meets in Zurich on Aug. 19, and in Brussels on Aug. 27.

Bolt hadn't lost an individual race in two years until Friday, when Tyson Gay of the United States beat him at the DN Galan meet in Stockholm.

Gay ran 9.84 seconds, and Bolt finished in 9.97 — nearly 0.40 slower than his record for the 100.

Given the six-foot-five Bolt's recent dominance and his dynamic, crowd-pleasing personality, the sabbatical he's taking is a blow to track and field in the short term, but should give the sport a boost when he returns.

Just ask Gay, who already is looking forward to taking on Bolt again sometime next year.

"It's kind of like boxers — everyone is waiting for two heavyweights to clash. So when they do clash, it's exciting. But you don't see the heavyweights fight 2-3 times a year," Gay wrote in an e-mail. "So even though I was hoping we (would) race 2-3 times for the fans this year, him taking his break to get healthy for next year will make things that much more exciting for 2011!"

THE ASSOCIATED PRESS

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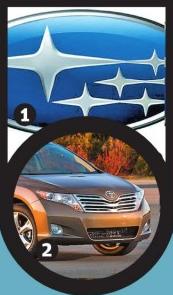


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5 drive

News in brief



1 Subaru Canada has launched a mobile version of its website for smartphone users. To use the site, users should enter subaru.ca in the "search" window of the mobile device browser.

• METRO

2 Ten Toyota Venzas are up for grabs in Toyota's Test Drive To Win. The contest runs from now until Aug. 31 at Toyota dealerships across Canada.

• METRO



JUSTIN PRITCHARD/FOR METRO CANADA

Kia's Sportage SUV shows some muscle

► This third-generation utility vehicle not only toughens up but shows a little more class ► Roomy interiors, impressive handling add more value



JUSTIN
PRITCHARD
DRIVE@METRONEWS.CA

For two generations, the Kia Sportage was a compact SUV with a built-in connection to the average Canadian shopper after ruggedness, flexibility and a good overall deal.

Now entering its third generation, the 2011 model is hitting dealer lots with even more of the sensible, adventurous and wholesome stuff that made its

predecessors a hit.

For its latest iteration, the German-designed, Korean-built Sportage has been designed for higher-than-ever levels of style and value, and the ability to tackle most any driving our continent's craggy North might throw its way.

I recently spent two days and several hundred kilometres driving the now-on-sale 2011 Kia Sportage from Whitehorse to Skagway, Alaska, and back. The

latest Sportage is no longer friendly and cartoonish-looking, but rather more athletic, prominent and aggressive than the former.

Inside, drivers are treated to an upscale environment with easy-to-use controls and adequate at-hand storage. Rear-seat passengers get plenty of room in virtually every direction, even if they're grown-ups, and folding seats and a big, easily-accessible cargo hold help to maximize utility and flexibility.

Sportage's interior is assembled as nicely as any of its Japanese competition—though trim materials won't be blowing any socks off, and a little more colour could go a long way to brightening up the mainly dark scenery.

Sportage's ride and handling should impress. Even on undulating or poorly-maintained highways, I found the suspension delivered a near-perfect blend of drama-free tautness and planted comfort.

The specs

2011 Kia Sportage

- VEHICLE TYPE SUV
- PRICE from \$21,995
- ENGINE 2.4L four-cylinder; 176 hp
- FUEL ECONOMY 10/6.9 L/100 km, city/highway
- MADE FOR CANADA
- FEATURES Sportage is available with a Canadian-designed AWD system for tackling extra-slippery conditions; Kia's automatic climate control system lets each front passenger select their desired temperature

Consumer Reports picks best rides for going back to school

With the fall semester just around the corner, Consumer Reports offers its best choices for parents and teens out shopping for a car to bring back to school.

When looking for the right car for teens, including used models, Consumer Reports recommends picking cars with safety features such as electronic stability control and curtain air bags and good crash-test results.

In addition to naming



► With fall semester approaching soon, it's good to know what cars work best for teens.

good cars for young and older drivers, the magazine also names good picks for all sizes and types of

drivers including the tall and small. All the models on Consumer Reports' lists have at least average reliability and are "Recommended" vehicles.

Consumer Reports named only one car suit-

able for all driver types: the Honda Accord.

Here is a look at some of Consumer Reports' picks for teens:

Good Models for Teen drivers: (ESC is standard or optional starting with the years listed below).

- Small Sedans: Hyundai Elantra SE (2008-2010), Mazda3 (2007-), Scion xB (2008-);
- Midsized sedans: Acura TSX (2004-), Honda Accord (2008-), Kia Optima (2007).
FROM CARGUIDE

Auto Pilot

MIKE GOETZ

DRIVE@METRONEWS.CA



SMELLS LIKE GREEN SPIRIT

When it comes to alternative energy sources for transportation, electricity seems to be the rising star, at least for the moment.

But in Britain this month, a stock VW Beetle was showcased, one that was happily running around on a fuel sourced from human poo...

The firm, GENeco, who

concocted the fuel, noted that previously this type of methane "biogas" oozing from the sewage of a human waste treatment plant wasn't "clean enough" to run properly in a normal vehicle. GENeco figured out a way to make it work (using micro-bugs, hence the choice of the

"Bug" test vehicle), and now claims that this fuel could be a viable way of powering cars in the future.

Well, whether this thing flies, or ends up back from where it came, the toilet, the "Poo Bug" is nonetheless an excellent reminder that the internal combustion engine can burn lots of different "gases," and that many of these gases are plentiful and clean.

Here then, is a brief snapshot of alternative gases that are working their way into our future.

Clean Petroleum Diesel

Modern turbo-diesel engines running on the new "low sulphur" diesel fuel can be 30 per cent more fuel efficient than comparably powered gas engines. While they are also cleaner in some regards, they require more elaborate emission systems. Another downside: North American refineries are currently set up to produce way more gasoline than diesel for any given barrel of oil.

Biodiesel

Diesel can also be made



► The BioBug runs on fuel made from human feces.

from animal fat and/or vegetable oil. Not only is this the best smelling fuel on the planet, it contains no sulphur, so is very clean. Downsides:

Contains less energy than petroleum diesel; Limited supply, though research is being done to see if large amounts can be sourced from algae.

Synthetic Diesel

We can turn natural gas, methanol or coal in a diesel-like fuel? But do we want to? North America has lots of those three

source elements, but we get little or no "net environmental" gain by converting them over to synthetic diesel.

Ethanol

When corn-based ethanol is blended with gasoline, at an 85:15 ratio, you get a fuel called E85. It's renewable and powerful. And clean too, until you consider all the energy and emissions entailed with producing and distilling corn. It's more efficient and cleaner to make ethanol from sugar

cane or algae or certain grasses or waste plant material. At this point, more discussion than production.

Hydrogen

You can make an internal combustion engine run on hydrogen. But currently most hydrogen is sourced from natural gas. Why not just use natural gas? If you make hydrogen by extracting it from water, you need lots of electricity. Hydrogen is also a lot harder to store and to move around the country than CNG.

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Rocking 'n' rolling down the highway

► If you care about thumping bass and clear tones, then these audio technologies will be music to your ears ► THX, Dynaudio make the cut

Music on the go



JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

Drivers now have more ways than ever to stay connected to their tunes. Check out the following features on your next ride, and plan to leave that bulky CD case at home.

► **BLUETOOTH STREAMING AUDIO** Wirelessly plays audio from your MP3 player or cellular phone on the vehicle's stereo in high-quality after a quick pairing procedure.

► **USB PORT** Makes it easy to transfer your home audio collection to your car via a thumb-drive or USB key.

For most drivers, their vehicle is the only place they can take in their favourite music uninterrupted and at full-volume, and automakers are offering audiophiles more premium listening choices than ever. New car shopping? Here's a look at three exceptional high-performance stereo systems you may find available in your next ride. Be sure to bring your iPod or favourite CD along for the test-drive.

THX

Used in Lincoln's luxury models, the THX brand was initially started by

maverick filmmaker George Lucas as an effort to bring top-notch audio to movie theatres.

The company has since become a big name in home audio, and they've also teamed up with Lincoln to create in-car stereo systems with some serious firepower.

Lincoln shoppers can opt for a THX II Certified 5.1 Surround Sound system in their new ride, where they'll benefit from discrete 5.1 surround sound playback of DVD-Audio and even DVD movies.

Mark Levinson

Available in Lexus's premium luxury models, the Mark Levinson stereo system builds on over 30

years of developing high-fidelity audio systems without money as a constraint. Lexus now offers several Mark Levinson stereo systems across their product range. These include the 'Reference' surround system, which intends to be the best stereo available in its vehicle class, period.

Dynaudio

Found in machines from Volvo, Volkswagen and even Bugatti, Dynaudio stereo systems offer a tremendous combination of power, punch and clarity. Specifically tailored to each application, Dynaudio's systems are designed in parallel with the vehicle they're intended for.



► There are plenty of in-car options for audiophiles.

ADVERTISING FEATURE

Back by Popular Demand - Calgary Honda's \$5 Sale!

Since April, Calgary Honda has experienced overwhelming requests to bring back the \$5 Sale on its pre-owned inventory. "Calgarians really liked the new outlook on pre-owned vehicles that we had to offer—they demanded better quality and we gave it to them," says Govan Bianchini, Pre-Owned Sales Manager.

Most of the vehicles that are on the Calgary Honda pre-owned lot are bought or traded directly from our

own Honda customers. This ensures quality and non-Eastern inventory. The event will feature over 120 cars, trucks, vans and sport utility vehicles, assuring shoppers an excellent selection of many different makes and models. "It's quite simple; we have a wide range of value-priced vehicles that must go on Saturday, August 14th, at any price," says Tony Williams, Sales Manager. "The large variety of stock we currently have

made it a perfect time to give Calgary what they wanted," noted Govan. "Our inventory will be offered for sale at this one-day special clearance event. All vehicles will be clearly marked with special pricing."

In addition to the lowest used car prices of the year, Calgary Honda will have an experienced appraiser available for additional trade-in requests. Join us for a free BBQ, music, gifts and balloons.

The event begins at 9 a.m. on Saturday August 14th. Calgary Honda is located at the corner of Anderson Road and Macleod Trail just south of Southcentre mall. For further details, visit www.calgaryhonda.ca. It is a first-come, first-served basis. Sale prices do not include taxes and administration fees. Buyers must be at least 18 years of age. See dealer for details.

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2010 Ram 1500 Crew Cab Laramie shown.¹

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Bird's-eye view at wheel

- Rearview cams are so yesterday
- Infiniti technology takes a big stride in helping you park better

DRIVING FORCE

JIL MCINTOSH
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When you're trying to manoeuvre your vehicle into a tight space, visibility is everything—but it isn't always easy to see everything around you when you're sitting inside a tall SUV.

Rearview cameras help,

SUV/CUV only

► Infiniti currently puts the Around View Monitor only in SUVs and crossovers, not its cars, because of its advantages with the higher seating position and longer cabins in these larger and taller vehicles.

but Infiniti takes it a step beyond with its Around View Monitor.

The system, which provides several images including a bird's-eye view, is available on the EX35, FX35, FX50 and QX56. It was designed by Sony and uses that company's software to integrate the pictures taken by cameras on the outside of the vehicle into the overall "top-down" view.

"Instead of just having a rearview camera behind you, there are four cameras: one in each mirror, one at the front in the grille, and one at the rear," says Ian Forsyth, director of corporate planning for Nissan Canada.

"The images are integrated into a picture of your vehicle as if you were standing above it."



► The Around View Monitor is available on select Infiniti models, including the EX35.

The four super-wide-angle cameras enable the driver to "see" down the entire length of the vehicle, and their high resolution provides a clear colour picture. The range is about three metres to the front and rear, and about one metre on each side. The system works at speeds of up to

about 10 km/h, and includes parking distance sensors that warn if the driver is getting too close to an object, such as a pole or another car.

While rearview cameras have been around for a while, the ability to provide multiple views allows drivers to customize the screen

to see specific areas. The driver can choose the bird's-eye, front or rear, or a view of the passenger side. As with many rearview cameras, the Infiniti system includes an overlay of the vehicle's path, which assists when backing into a parking space. "If you turn the

wheel, it will give you a projection of where the vehicle is going to go," Forsyth says. By customizing the screen to show both the rear view with vehicle path, and the bird's-eye, the driver has a clear indication of the parking space and the best way to centre the vehicle in it.

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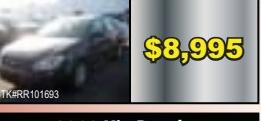
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Into the great wide open

► If you are going off the beaten path, Jeep TJ's a worthy companion
 ► Many loyal followers of model

SECOND GEAR

JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

The Jeep brand virtually owns the competitive landscape where toughness and capability on the road less travelled are concerned. By offering affordable capable 4x4 models like the TJ, the brand has earned one of the most enviable followings of loyal

owners in the industry.

The last-generation Jeep TJ was on sale from 1997 through 2005 model years, and offered up two doors, two rows of seating and standard four-wheel drive. It's not exactly a family hauler, but did offer plenty of fun for mom, dad and two kids as needed. Add in the removable roof and proven off-road prowess, and it's no wonder TJ owners say it's the most four-wheeled fun possible for the price.

Power came from a 2.5 litre four-cylinder engine with 110 to 120 horsepower, as well as a 2.4 litre unit from 2003 and on. Jeep's famous four-litre straight-six engine was on board optionally, offering 190 horsepower and virtually bulletproof reliability.

Like its ride, TJ's powerplants are far from pinna-



► A pre-owned Jeep TJ can be your ticket to a big outdoor adventure this summer.

The specs

- MODEL 1997-2005 Jeep TJ
- VEHICLE TYPE 4X4
- APPROXIMATE USED PRICE RANGE \$4,000 to \$14,000

cles of refinement — but they're known to be highly effective and tough as nails.

What Owners Like

As expected, the TJ's most bragged-about attribute is its off-road ability, and the confident, all-terrain capability of its 4x4

system. Styling, fun factor and overall value are also highly rated, too.

What Owners Hate

Many TJ owners wish for better fuel mileage, a smoother ride and more interior space, especially in the difficult-to-access rear seats.

Common issues

Exhaust manifolds on the straight-six engine could crack, causing a noisy exhaust leak. Additionally, broken bolts on said manifold could make removal and replacement more difficult.

Check the PCV valve for proper operation, too. If it's clogged or broken, it could cause the engine to burn oil. Thankfully, it's a simple and cheap part to replace.

Special rate

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Crossword

Across

- Venomous vipers
- Schedule abbr.
- Jeans-maker
- Strauss
- Vegetarian's no-no
- Navigator's aid
- Way out
- Publicity
- Church area
- Striped antelope
- Cash in
- Ova
- 1960s hallucinogen
- Carriage
- Aquatic plant
- Charged bit
- Plague
- "The rain in —"
- Pair
- Drill sergeant's syllable
- Jailer's janglers
- Suspenders alternative
- Unfriendly
- Remain
- Frenzied
- Camel's cousin
- Comedian Rudner
- Unambiguous
- Always
- Former space station
- Wolfe of who-dunits
- Marries
- Wall climber
- Cheese choice

Down

- "So be it"
- Alluring
- One of the
- Three Bears
- Hot
- Ostrich's kin
- Pitch
- Mimic
- Starring roles
- Speed up
- Workbench attachment
- Detail
- Droop
- Verve
- Stare open-mouthed
- Dispatches
- Speedometer stat
- Debtor's letters
- Atoned
- Heart of the matter
- Pussycat's partner
- "To be or — ..."
- Terrier type
- Newswriter's credit
- Despots
- Every last bit
- Vessel's team
- Split violently
- Ms. Moore
- Passed, and then some
- Actress Sorvino
- Teeny particle
- "Sun King" Louis
- Snoop



Today's horoscope



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Aries March 21-April 19 The Sun's transit of the most creative area of your chart gives you total and utter confidence in your own abilities. Not that you were lacking before but now there will be no holding you back.

Taurus April 20-May 21 Sometimes it is smarter to let others win, or think they have won, than insisting on getting your own way. Stand aside and let a partner or loved one do as they please today.

Gemini May 22-June 21 Someone you meet today could be of great importance to you in months to come, but your paths are unlikely to cross if you stay at home staring at the walls or, worse, the TV.

Cancer June 22-July 22 You know that your financial situation demands you make changes but you keep putting them off in the hope that things might get better without any pain. They won't, so stop prevaricating and get on with it.

Leo July 23-Aug. 23 Others must accept you for who you are and what you are. If they are not prepared to do that then it's "Goodbye".

Virgo Aug. 24-Sept. 22 You seem to be on edge at the moment but at this time of year that's perfectly natural, so stop worrying and start planning for the bright future that is not so far away. Give yourself something to look forward to.

Libra Sept. 23-Oct. 23 The time has come to choose between one group of friends and another. One group may be more exciting but is that enough? Who is most likely to stand by you when times get tough? That's who you want by your side.

Scorpio Oct. 24-Nov. 22 You may be hugely ambitious but don't get so carried away with your plans and big ideas that you overlook too many important little things.

Sagittarius Nov. 23-Dec. 21 Focus on what you are good at today and put everything else out of your mind. Other people may say you should be more realistic but what do they know?

Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►



3	5	8	1	2	7	6	9	4
7	6	4	8	9	3	5	2	1
2	9	1	4	6	5	7	3	8
5	3	7	9	1	2	4	8	6
9	8	2	7	4	6	3	1	5
4	1	6	3	5	8	2	7	9
1	4	5	2	7	9	8	6	3
8	2	9	6	3	4	1	5	7
6	7	3	5	8	1	9	4	2

A look at the weather

TODAY
Min 9°
Max 25°

THURSDAY
Min 11°
Max 21°

FRIDAY
Min 9°
Max 20°

Andrew Schultz,
Meteorologist

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". WEEKDAYS 6AM



CHRIS RADBURN/THE ASSOCIATED PRESS

Caption contest



"And I used to think this hat was the most undignified part of my job."
KEVIN WILLIS, OAKVILLE

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.



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Show some love! Send a note to somebody special at kiss@metronews.ca

Katrina, it has been so long since I have seen you. I feel like every minute that goes by feels like an hour when you're not here. I can't wait until you're in my arms again. XOXO STEVEN

My dear Mamusik, You are the kindest, the most beautiful, the best Mom in the world! I'm so proud to be Your daughter! Wish You all the best!!! Lots of health, wealth, happiness and love!!!! YOUR IRUSIK

Scott, Thanks for being the best husband a woman could ever ask for!! I love you so much forever and ever Love, YOUR MUFFIN XOXO

Bon Anniversaire Senor Frog, like the good wine taste better with taking years Kisses and hugs, love you YOUR PEQUENA MONITA



This year, we've stretched summer into fall.

worldwide sale

CANADA: ONE-WAY TANGO FARES FROM CALGARY, FOR TRAVEL UNTIL DECEMBER 15, 2010. NO FUEL SURCHARGE.

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\$79	> \$79	> \$99	> \$99	> \$119	> \$169	> \$199

U.S. AND SUN: ONE-WAY FARES FROM CALGARY, FOR TRAVEL AS INDICATED BELOW. FARES DISPLAYED DO NOT INCLUDE FUEL SURCHARGE, WHERE APPLICABLE, OF UP TO \$85 ONE WAY. NO FUEL SURCHARGE ON U.S. DESTINATIONS.

SAN FRANCISCO AUG. 11, 2010–DEC. 15, 2010	LOS ANGELES AUG. 11, 2010–DEC. 15, 2010	NEWARK AUG. 11, 2010–DEC. 15, 2010	PITTSBURGH NASHVILLE AUG. 11, 2010–DEC. 15, 2010	BERMUDA AUG. 18, 2010–DEC. 15, 2010	NASSAU AUG. 18, 2010–DEC. 15, 2010	MONTego BAY AUG. 18, 2010–DEC. 5, 2010
\$129	> \$149	> \$163	> \$223	> \$239	> \$239	> \$309

INTERNATIONAL: FARES ARE EACH WAY FROM CALGARY AND REQUIRE ROUND-TRIP PURCHASE. DEPARTURE DATES AS INDICATED BELOW. FARES DISPLAYED DO NOT INCLUDE FUEL SURCHARGE OF UP TO \$190 EACH WAY.

LIMA AUG. 11, 2010–DEC. 9, 2010	ZURICH OCT. 16, 2010–DEC. 10, 2010	PARIS OCT. 16, 2010–DEC. 10, 2010	FRANKFURT ¹ MUNICH ¹ OCT. 19, 2010–DEC. 10, 2010	TOKYO AUG. 23, 2010–DEC. 15, 2010	SYDNEY, AUSTRALIA AUG. 11, 2010–DEC. 8, 2010	HONG KONG AUG. 11, 2010–DEC. 10, 2010
\$390	> \$392	> \$395	> \$429	> \$458	> \$478	> \$523

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